

CONTINENTAL

40

HOT DRINK

FRUIT AND VEGETABLE JUICES

Orange, Grapefruit, Lemon, Cranberry,
Carrot or Spinach

FROM OUR BUFFET

Croissant, butter brioche, sweet brioche,
pain au chocolat, bread rolls

Fresh seasonal fruits and prune compote

Dairy products :

Plain yogurt, fruit yogurt, sheep or goat milk yogurt and fromage blanc

Cereal and muesli

Selection of smoked salmon, deli meats, and cheeses

BUTTER, JAMS,
MARMALADE AND ORGANIC HONEY

AMERICAN

46

CONTINENTAL BREAKFAST

ORGANIC EGGS ANY WAY YOU LIKE

Fried, soft-boiled, poached, scrambled

Plain omelette or prepared with:

fine herbs, tomatoes, button mushrooms, ham, cheese,
bacon, pork or chicken sausage

WELLNESS

48

A CONTINENTAL BREAKFAST YOU CAN ADAPT WITH
AN OF THE FOLLOWING

Low-fat yogurt or fat-free fromage blanc

Selection of organic cereal with skimmed milk or soya milk

Gluten-free plain cornflakes, muesli with blueberries

Gluten-free bread

Cold-pressed detox juice:

[Celery, cucumber, spinach, green apple, ginger, lemon and Swiss chard]

HOT DRINKS

Tea 10

[Assam, Darjeeling, Lapsang Souchong, Earl Grey, Ceylan, Japanese,
Jasmin, decaffeinated]

Herbal tea 10

[Lemon balm, wild mint, sweet briar]

American-style coffee, espresso, decaffeinated 9

Old-fashioned hot chocolate 10

Cappuccino, café latte, latte macchiato 10

FRUIT AND VEGETABLE JUICES

Orange, grapefruit, lemon 12

Pineapple, apple, carrot, cranberry 15

Fruit juice: tomato, grape, mixed fruit 12

Cold-pressed detox juice 15

[Celery, cucumber, spinach, green apple, ginger, lemon and Swiss chard]

BREAD & PASTRY BASKET 12

FRUITS

Prune compote in syrup 12

Fresh seasonal fruits 16

Berry plate 24

CEREAL

Porridge 12

Energy-replenishing Bircher muesli 16

[fat-free fromage blanc, berry coulis, Granny Smith apple, honey]

Prix nets en euro, taxes et service inclus

ORGANIC EGGS

Fried, soft-boiled, poached	16
Scrambled with salmon	24
Eggs Benedict	30
Scrambled or omelette	18
[fine herbs, cheese, ham, tomatoes, bacon, button mushrooms, pork or chicken sausage]	

LAND AND SEA

Bacon, pan-fried pork or chicken sausage	14
Torchon ham	35
Jamón ibérico de Bellota	36
Scottish smoked salmon	36
"Hôtel de Paris" caviare selection 50 gr.	260

CHEESE AND YOGURT

Selection of fresh and aged cheeses	21
Fat-free fromage blanc	8
Fat-free yogurt, plain or with fruit	8
Sheep or goat milk yogurt	10

DESSERTS

French toast with mountain honey	16
Pancakes with maple syrup	16
Crêpes	18
[with sugar, jam or chocolate]	



BREAKFAST