

2017: march from 20 to 24

	LUNDI 20	MARDI 21		MERCREDI 22		JEUDI 23		VEND 24
		PISCINE	FITNESS	PISCINE	FITNESS	PISCINE	FITNESS	
7H45	AQUA COMBO THOMAS		CIRCUIT TRAINING OLGA	AQUA WORK ALLAN			BODY SCULPT SEBASTIEN	AQUA CARDIO BOXING CAMILLE
8H45	AQUA WORK ALLAN		PILATES KALOLINA	AQUA POSTURAL CAMILLE			PILATES KALOLINA	AQUA ABDOS ISABELLE
9H45	AQUA POSTURAL THOMAS		CARDIO RENFO THOMAS	AQUA COMBO ALLAN	BODY SCULPT THOMAS		ABDOS FESSIERS SEBASTIEN	AQUA JUMP BERTRAND
10H45			STRETCHING THOMAS		YOGA DEBUTANT KALOLINA		STRETCHING KALOLINA	
12H45	ABDOS FESSIERS NICOLAS	AQUA WORK ALLAN	PILATES KALOLINA		OUTDOOR BIKE KALOLINA	AQUA POSTURAL CAMILLE	CIRCUIT TRAINING SEBASTIEN	CARDIO RENFO SEBASTIEN
17H	CARDIO RENFO THOMAS	AQUA CARDIO BOXING THOMAS			BODY SCULPT OLGA	AQUA ABDOS BERTRAND		CIRCUIT TRAINING KALOLINA
18H	PILATES SEBASTIEN	AQUA WORK CAMILLE			PILATES OLGA	AQUA COMBO THOMAS		ABDOS FESSIERS THOMAS
19H	OUTDOOR BIKE SEBASTIEN	AQUA JUMP THOMAS			YOGA DEBUTANT KALOLINA	AQUA WORK BERTRAND		BODY SCULPT KALOLINA
20H	STRETCHING THOMAS							STRETCHING THOMAS