

2017: APRIL from 17 to 21

	LUNDI 17	MARDI 18		MERCREDI 19		JEUDI 20		VEND 21
		PISCINE	FITNESS	PISCINE	FITNESS	PISCINE	FITNESS	
7H45	BANK HOLIDAY		CIRCIRCUIT TRAINING JONATHAN	AQUA WORK THOMAS			BODY SCULPT KALOLINA	AQUA CARDIO BOXING THOMAS
8H45			PILATES OLGA	AQUA POSTURAL JULIE			PILATES SEBASTIEN	AQUA ABDOS CAMILLE
9H45			CARDIO RENFO OLGA	AQUA COMBO THOMAS	BODY SCULPT JONATHAN		ABDOS FESSIERS KALOLINA	AQUA JUMP THOMAS
10H45			STRETCHING JONATHAN		YOGA DEBUTANT KALOLINA		STRETCHING SEBASTIEN	
12H45		AQUA WORK JULIE	PILATES OLGA		OUTDOOR BIKE JONATHAN	AQUA POSTURAL CAMILLE	CIRCUIT TRAINING SEBASTIEN	CARDIO RENFO SEBASTIEN
17H		AQUA CARDIO BOXING CAMILLE			BODY SCULPT OLGA	AQUA ABDOS ALLAN		CIRCUIT TRAINING JONATHAN
18H		AQUA WORK ALLAN			PILATES OLGA	AQUA COMBO JULIE		ABDOS FESSIERS NICOLAS
19H		AQUA JUMP CAMILLE			YOGA DEBUTANT KALOLINA	AQUA WORK ALLAN		BODY SCULPT JONATHAN
20H								STRETCHING NICOLAS