

2017: JUNE from 19 to 23

	LUNDI 19	MARDI 20		MERCREDI 21		JEUDI 22		VEND 23
		PISCINE	FITNESS	PISCINE	FITNESS	PISCINE	FITNESS	
7H45	AQUA COMBO CAMILLE		CIRCIRCUIT TRAINING OLGA	AQUA WORK ARNAUD			BODY SCULPT KALOLINA	AQUA CARDIO BOXING JULIE
8H45	AQUA WORK STEPHANE		CARDIO RENF JONATHAN	AQUA POSTURAL CAMILLE			PILATES SEBASTIEN	AQUA ABDOS ARNAUD
9H45	AQUA POSTURAL CAMILLE		PILATES OLGA	AQUA COMBO ARNAUD	BODY SCULPT JONATHAN		ABDOS FESSIERS KALOLINA	AQUA JUMP JULIE
10H45			STRETCHING JONATHAN		YOGA DEBUTANT KALOLINA		STRETCHING SEBASTIEN	
12H45	ABDOS FESSIERS JONATHAN	AQUA WORK CAMILLE	PILATES OLGA		BODY SCULPT JONATHAN	AQUA POSTURAL ARNAUD	CIRCUIT TRAINING SEBASTIEN	CARDIO RENFO NICOLAS
17H	CARDIO RENFO NICOLAS	AQUA CARDIO BOXING STEPHANE			BODY SCULPT OLGA	AQUA ABDOS JULIE		CIRCUIT TRAINING SEBASTIEN
18H	PILATES SEBASTIEN	AQUA WORK ARNAUD			PILATES OLGA	AQUA COMBO STEPHANE		ABDOS FESSIERS NICOLAS
19H	OUTDOOR BIKE NICOLAS	AQUA JUMP STEPHANE			YOGA DEBUTANT KALOLINA	AQUA WORK JULIE		BODY SCULPT SEBASTIEN
20H	STRETCHING SEBASTIEN							OUTDOOR BIKE NICOLAS